When preparing to present information about your noise management program to a group of stakeholders, it is helpful to consider the Three M's.

Message (what to say)

Messenger (who to say it)

Media (how it should be presented)

## Preparing for presentations

The Message
Plan your message
☐ Know your audience—Whom are you trying to reach? What does your audience want to know?
☐ What is the audience's existing level of knowledge of the subject?
☐ Identify your purpose—Why are you making a presentation? What would you like your audience to know?
☐ What are three points your audience is most likely to get wrong unless they are emphasized?
Develop your message—Maximize the amount of information your audience hears and understands
☐ Choose words that convey empathy/caring, honesty/openness, and dedication/commitment.
☐ Avoid messages that convey only technical facts and information.
☐ Use positive words and body language.
☐ Recognize the impact of credible, subject matter experts from your respective Military Service.
Tips for message retention—Maximize the amount of information your audience remembers  Provide a structured and organized message.
☐ Limit your information to a few key messages—

Keep it as short and simple as possible.

with supporting facts. 
☐ Repeat your key messages.

☐ Keep you messages short and supplement them

Traps and pitfalls—Be careful in high-concern, low-trust situations ☐ Don't use humor.
☐ Avoid negative terms (e.g., no, not, never, nothing, none, dangerous, concern).
☐ Steer clear of guarantees or absolute phrases (e.g., always, never, definitely).
☐ Don't offer personal beliefs.
☐ Don't attack (statements about the credibility of opposing groups/opinions).
<ul> <li>There are two common models for organizing your presentation information:</li> <li>■ TTT model-Tell them what you are going to tell them. Tell them. Tell them what you told them.</li> <li>■ Layered model-Start with the simplest information and move to the more complex. Keep the reading level between 6th and 8th grade.</li> </ul>
The Messenger
Establishing empathy and caring
☐ Select a messenger who has a real connection with your audience (e.g., "I live in the community too," "My children attend school in town," etc.).

☐ Use opening remarks that indicate active listening about the community's concerns.
 ☐ Select a messenger with a calming voice, and ensure the pace of the presentation does not

appear rushed.

□Use nonverbal communication—Make eye contact around the room, keep hands open at about waist level, maintain a comfortable standing posture without slouching.	□ One-on-one meetings with influential people □ Information exchange forums (workshops or focus groups) □ Town hall public meetings  Be prepared to answer difficult questions Communicating competence and expertise □ Allow ample time for questions from the audience and general discussion. □ Review news coverage □ Review actual citizen calls and interviews □ Review similar situations at your installation, such as reactions to other encroachment issues □ Review interviews with opinion leaders, and notes from focus groups and surveys □ When you don't know the answer, say so, but commit to getting the information.  Putting it all together— A six-part model  1. Express empathy or concern. • Include personal story for enhancement 2. Present the purpose of the meeting or the main content/point of the presentation. • Information that is brief, positive, and addresses underlying concerns 3. Provide first supporting fact or key message. • Use third-party endorsement. • Use story and/or analogy for one fact. 4. Provide second supporting fact or key message. 5. Repeat the main content/point. 6. Describe future action. • Describe your commitment to continuous improvement and indicate how to obtain more information.
Research indicates that the public will judge trust and credibility within the first 30 seconds.	
Establishing dedication and commitment  Come early and stay late.  Provide a phone number where you can be reached.  Keep all of your promises and commitments.  Communicating competence and expertise  Limit the use of notes; avoid written speeches; use checklists or index cards.  Remember to present the information in an organized, logical manner.  Dress professionally but avoid overdressing.  Use a lower voice tone.  Be assertive (e.g., avoid hedging/tentative words or raising your voice at the end of a sentence).	
The key to good presentations is to select a presenter who is comfortable in front of a group and has good listening skills.	
The Media  Public information channels— How to present your message  Information phone lines  Fact sheets  Press releases  Site tours  Small group meeting	

For help with noise management community involvement activities, contact:

Operational Noise Program
U.S. Army Center for Health Promotion and
Preventive Medicine
MCHB-TS-EON
Aberdeen Proving Ground, MD 21010-5403
410-436-3829
http://chppm-www.apgea.army.mil/dehe/
morenoise/

For help with the Navy's noise management community involvement activities, contact:

Special Assistant for AICUZ and Encroachment Commander Navy Installations Naval Facilities Engineering Command Washington Navy Yard, Washington DC 20374 202-685-9181 For help with the Air Force's noise management community involvement activities, contact:

AICUZ/Noise Program Manager Bases and Units Branch HQ USAF/ILEPB 1260 Air Force Pentagon Washington, D.C. 20330. 703-604-5277

For help with the Marine Corp's noise management community involvement activities, contact:

Community and Land Use Planner for AICUZ Headquarter Marine Corps Washington DC, 20380-1775 703-695-8240, ext 3350